# Parkinson's Disease Test Introduction

Feb 4, 2024

#### Welcome!

Thanks for considering joining us for a trial test of our new Parkinson's Disease (PD) treatment at the Institute for the Study of Peak States.

Below are common questions about the test and our approach. A more in depth discussion is found on the informed consent form that needs to be read and signed before treatment starts.

We look forward to working with you, if you choose to join the study. If you have any more questions after reading the attached material, feel free to call us to chat.

Sincerely, Mary Pellicer MD Applied research Director Institute for the Study of Peak States

## Q&A

### Q: Do you use drugs or surgery?

No. This test does NOT involve drugs or surgery - we will only be using trauma therapy to get effects. Obviously, this makes being a test volunteer a lot safer than other Parkinson's experimental treatments. It also means that we can work with you through an online connection and you don't need to trace to come to a clinic.

### Q: What causes my disease?

At the Institute for the Study of Peak States (ISPS), we have developed a new intracellular model for understanding the root causes of various health problems. Using this approach, we've found that Parkinson's is actually caused by two different pathogens. One, a prionoid disease, causes the slowness of movements (bradykinesia) and difficulty moving (the core Parkinson's symptom); the second, a fungal infection, causes the tremors found in 3/4 of PD patients.

Parkinson's is also unusual in that it involves the loss of peak states of consciousness. The basic Parkinson's involves the loss of a feeling of clarity. The tremors involves the loss of a feeling of aliveness. Fortunately, restoring both these feelings is part of the treatment.

### Q: What might go wrong in the test?

Since this is a new process for us, that means we don't actually know if anything might go wrong. A person has to balance the potential results (full symptom relief; partial

symptom relief; no change to symptoms; worsened symptoms) against the current progression of your PD symptoms, your own inner knowing about working with us, and your desire to help others by being involved in this research.

Having said that, we have an excellent track record using this trauma-based approach for other diseases. You can read in more detail about potential issues that can occur in the handouts you have to read and sign before starting the testing.

### Q: What do I do about my Parkinson's drugs?

You can keep taking your 'Parkinson's drugs' during treatment. If for some reason you are using a benzodiazepine-like drug (with active ingredients such as alprazolam, clonazepam, diazepam, flunitrazepam, lorazepam, oxazepam and many more), we will have to wait until you are off these medications as they interfere with healing trauma. (Actually, we will have to wait up to 6 weeks after the last dose as the withdrawal period can be rather long on this group of drugs.)

Once the PD treatment is over, and hopefully your symptoms are gone, you can work with your doctor to slowly taper off the use of your Parkinson's drugs. Because our treatment is new and experimental, we don't yet know if eliminating your PD symptoms might leave you with side-effect symptoms due to your intake of Parkinson's drugs (such as the well-known side-effect of dyskinesia with levodopa). If so, we might then have to come up with a way to heal these symptoms too.

In limited testing so far, Mucuna (extracts of seeds from Mucuna prurient) appears to not cause any new symptoms, and tapering is simple. However, we have not yet worked with clients using Carbidopa/levodopa (trade name Atamet, Carbilev, Sinemet, and others). At this time, we can't say if the long term side effects of the drug will continue to cause you movement problems or not. This also include COMT inhibitors, dopamine agonists, and MOA-B inhibitors, and others. If you've had surgery for Parkinson's, we simply don't know what to expect in symptom change at this time.

### Q: Do I have to make a YouTube video of myself?

No. But we hope you would be willing to video yourself before and after treatment, to be used on our website and YouTube channel. If treatment works, we would like other people to know, so they too can be inspired to get treatment and get rid of this terrible disease. But this is not a requirement for being in our test, simply a request.